



Longwood Newsletter



Friday 15th January 2021

From Mrs May

It's a short newsletter this week. Well done to everyone for remaining cheerful in difficult circumstances and for trying hard to keep things as normal as possible for our children. Whether physically coming into Longwood or working from home, everyone is doing their best, for which I am most grateful. Remember to try and take a break if you can; go out for a walk, do some baking, read a good book, watch some cricket or enjoy a family Zoom. I hope you have a lovely weekend.

Nursery News

This week, Oak room has been enjoying our new topic "People who help us". For the next two weeks, we are learning about all the people who work very hard in the NHS sector. The Oak children have been helping to make a hospital in the role play area, as well as enjoying messy activities such as rainbow hand painting and coloured shaving foam! Please don't forget to keep sending in your super hero pictures! Thank you.



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Cherry children have been on a little fishing trip. "I got a fish, look I got a fish!" one of the children shouted as they lifted up their fish hanging from their fishing rod. As you can tell by the faces in the pictures, they were concentrating very hard.

Willow children have had fun getting messy with their cooking activity this week. In their bubble, they have all helped to mix and roll out the pizza dough! Some of them even ended up wearing some of the flour which they thought was hilarious!



Message from the NHS – Childhood Winter Illnesses – New Booklet

Now we are in winter many children may be experiencing common illnesses like coughs and colds. The NHS knows that some parents and carers aren't always sure what to do when their child is unwell. That is why they have published a **new booklet** to help you spot common winter illnesses and how you can treat your child at home.

It is also important to know where to go for medical advice when you need it and what to do in an emergency. We understand this can be a little confusing during the coronavirus pandemic. We'd like to reassure you that **the NHS is still providing safe care when you need it.**

The booklet has a host of information from how to treat colds and earache at home, to how to spot serious, urgent, conditions such as meningitis and sepsis. This includes information on coronavirus. Please find the booklet at <https://hertsvalleysccg.nhs.uk/your-health-and-services/childrens-health/childrens-winter-illness>

If you are concerned about your child there are various ways of seeking medical help.

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- For non-urgent concerns you should contact your GP practice during opening hours
- Outside of practice opening hours, or for urgent concerns, or if you're just not sure, call 111
- In a real emergency call 999
- It is important that you do not wait and worry



Congratulations

This week, Nathaniel (LKS2) has really stood out online for his participation in all lessons. He is so enthusiastic, joins in fully and works hard at all times. Well done, Nathaniel. Keep up the great effort!

Dates for your Diary

NB – All new items are highlighted.

Date	Time & Place	Event	Notes
Wednesday 20 th Jan	7.30pm, Zoom	FoL Meeting	All parents welcome to observe, give ideas, volunteer https://us02web.zoom.us/j/89727827561?pwd=M0VSYUxLRXdESlVEbmVKc1MvbKf5Zz09
Friday 5 th Mar	All day	KS1 and LKS2 trip to Kew Gardens	The cost of this trip is £18. Children require a packed lunch and full school uniform.
Friday 5 th Mar	11am	Cash for Clothes collection	Please bring old clothes to reception from 1 st March onwards.
Monday 6 th Sept	All day	INSET day for all staff	Longwood will be closed to all children.
Monday 3 rd Jan 2022	All day	INSET day for all staff	Longwood will be closed to all children.

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