

Lunch Menu 1

Day	Age	Main Course	Vegetarian Main Course	Vegetables	Dessert
Monday	Nursery	Lentil Stew	Lentil Stew	Rice Sweetcorn	Cherry sponge & Custard
	1 st sitting	Lentil Stew	Lentil Stew	Rice Sweetcorn	Cherry sponge & Custard
	2 nd sitting	Lentil Stew or Cheese, pork. eggs	Lentil Stew Cheese/eggs	Rice Sweetcorn	Cherry Sponge & Custard/Cream
Tuesday	Nursery	Chicken Casserole	Bean Casserole	Boiled Potatoes Carrots	Semolina
	1 st sitting	Chicken Casserole	Bean Casserole	Boiled Potatoes/carrots	Semolina
	2 nd sitting	Pork sausages & gravy	Bean Casserole Veggie sausages & gravy	Mash & boiled potato Assortment of vegetable	Semolina
Wednesday	Nursery	Vegetable Lasagne	Vegetable Lasagne	Tomato sauce Mushrooms	Rice pudding & Dessert sauce
	1 st sitting	Vegetable Lasagne	Vegetable Lasagne	Tomato sauce Mushrooms	Rice pudding & Dessert sauce
	2 nd sitting	Fish Fingers Freshly made tomato sauce	Veggie Fingers Freshly made tomato sauce	Pasta Peas	Rice pudding & Dessert sauce
Thursday	Nursery	Lamb Chilli Con Carne	Soya & veg Chilli Con Carne	Rice Broccoli/Cabbage	Yoghurt
	1 st sitting	Lamb Chilli Con Carne	Soya & veg Chilli Con Carne	Rice Broccoli/Cabbage	Yoghurt
	2 nd sitting	Pizza Lamb Chilli Con Carne	Pizza Veg Chilli Con Carne	Vegetable rice	Yoghurt
Friday	Nursery	Tuna Pasta Bake	Vegetable Pasta Bake	Mixed Vegetables	Fruit jelly
	1 st sitting	Tuna Pasta Bake	Vegetable Pasta Bake	Mixed Vegetables	Fruit jelly
	2 nd sitting	Jacket Potato Tuna/Cheese/B beans	Jacket Potato Cheese/Beans	Sweetcorn Coleslaw	Fruit Jelly *Ice-cream

Key

FT, FW, FS (1st sitting)

KS1 LKS2, UKS2 (2nd sitting)

Jan 19

Salad available daily for school
Assorted fresh fruit available daily

Please note that this menu is a guide but meals can be subject to change at short notice – for example if there is a problem with food deliveries

Lunch Menu 2

Day	Age	Main Course	Vegetarian Main Course	Vegetables	Dessert
Monday	Nursery	Fish Fingers	Veggie Fingers	Rice with Vegetables	Ice cream
	1 st sitting	Fish Fingers	Veggie Fingers	Rice Creamy Vegetables	Ice Cream
	2 nd sitting	Fish Fingers	Bean vegetable stew Curry Samosas	Rice Carrots Tomato Sauce/Gravy	Ice Cream
Tuesday	Nursery	Cottage Pie (Beef)	Sweet Potato Pie	Cabbage in Gravy	Yoghurt
	1 st sitting	Cottage Pie (Beef)	Sweet Potato Pie	Cabbage in Gravy	Yoghurt
	2 nd sitting	Jacket Potato Tuna/Cheese	Jacket Potato Cheese/Baked beans	Coleslaw Baked beans	Yoghurt
Wednesday	Nursery	Macaroni Cheese	Macaroni Cheese	Diced Carrots	Rice pudding
	1 st sitting	Macaroni Cheese	Macaroni Cheese	Diced Carrots	Rice pudding Fresh fruit
	2 nd sitting	Pork Sausages	Veggie Sausages Macaroni Cheese Veg gravy	Mash & boiled potatoes Peas Tomato Sauce/gravy	Rice pudding Fresh fruit
Thursday	Nursery	Chicken Bolognaise Sauce	Creamy Vegetable Sauce & cheese	Spaghetti Parsnips & Herbs	Fruit Crumble & Cream
	1 st sitting	Chicken Bolognaise Sauce	Creamy Vegetable sauce	Spaghetti Parsnips & Herbs	Fruit Crumble & Cream
	2 nd sitting	Chicken wraps With mild salsa,	Falafel wraps With mild salsa	salad sweetcorn etc.	Fruit Crumble & Cream
Friday	Nursery	Vegetable Ravioli	Vegetable Ravioli	Mixed Vegetables	Fruit Jelly
	1 st sitting	Vegetable Ravioli	Vegetable Ravioli	Mixed Vegetables	Fruit Jelly
	2 nd sitting	Beef Burger	Veggie Burger	Chips Sweetcorn/Carrots Tomato sauce/ salad cream	Fruit Jelly *Trifle

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Lunch Menu 3

Day	Age	Main Course	Vegetarian Main Course	Vegetables	Dessert
Monday	Nursery	Mixed Bean & Lentil Stew	Mixed Bean & Lentil Stew	Rice Carrots	Dried Fruit Sponge Custard
	1 st sitting	Mixed Bean & Lentil Stew	Mixed Bean & Lentil Stew	Rice Carrots	Dried Fruit Sponge Custard
	2 nd sitting	American Medley Chicken drumsticks,	American Medley Veggie nuggets	Potato wedges Corn on the cob	Dried Fruit Sponge Custard/cream
Tuesday	Nursery	Pasta Broccoli Cheese Bake	Pasta Broccoli Cheese Bake	Mixed Vegetables	Semolina
	1 st sitting	Pasta Broccoli Cheese Bake	Pasta Broccoli Cheese Bake	Mixed Vegetables	Semolina
	2 nd sitting	Fish Fingers	Veggie Fingers Pasta Broccoli Cheese Freshly made tomato sauce	Pasta Broccoli Freshly made tomato sauce	Semolina
Wednesday	Nursery	Chicken & Swede Pie	Veg/Soya & Swede Pie	Diced Potato	Fresh Fruit
	1 st sitting	Chicken & Swede Pie	Veg/Soya & Swede Pie	Diced Potato Gravy	Fresh Fruit
	2 nd sitting	Pork Sausages & gravy	Veg/Soya & Swede Pie Veggie sausages & gravy	Mash or boiled potato and an assortment of vegetables	Fresh Fruit
Thursday	Nursery	Spaghetti Bolognese (Beef)	Cheesy Vegetables	Shredded Cabbage	Mixed Fruit & Cream
	1 st sitting	Spaghetti Bolognese (Beef)	Cheesy Vegetables	Shredded Cabbage	Mixed Fruit & Cream
	2 nd sitting	Spaghetti Bolognese (Beef)	Vegetable medley Cheese	Spaghetti	Mixed Fruit & Cream
Friday	Nursery	Tuna Risotto	Vegetable Risotto	Diced Vegetables	Yoghurt
	1 st sitting	Tuna Risotto	Vegetable Risotto	Diced Vegetables	Yoghurt
	2 nd sitting	Jacket Potato Ham/Tuna/Cheese	Jacket Potato Cheese/Beans	Sweetcorn Coleslaw	Yoghurt

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Lunch Menu 4

Day	Age	Main Course	Vegetarian Main Course	Vegetables	Dessert
Monday	Nursery	Vegetable Curry	Vegetable Curry	Rice	Chocolate Sponge Custard
	1 st sitting	Vegetable Curry	Vegetable Curry	Rice	Chocolate Sponge Custard
	2 nd sitting	Curry club Vegetable curry Rice, Naan, poppadoms	Curry club Vegetable curry Rice, Naan, poppadoms	Salad	Chocolate Sponge Custard
Tuesday	Nursery	Sausages in vegetable gravy	Veggie sausages in a vegetable gravy	Boiled Potatoes Carrots	Fresh fruit salad
	1 st sitting	Sausages in vegetable gravy	Veggie sausages in a vegetable gravy	Boiled Potatoes Carrots	Fresh fruit salad
	2 nd sitting	Pork sausages & gravy	Veggie sausages & gravy Bean Casserole	Mash/boiled potato & assortment of vegetables	Fresh fruit salad *Ice-cream
Wednesday	Nursery	Cauliflower & Potato Cheese	Cauliflower & Potato Cheese	—————	Semolina
	1 st sitting	Cauliflower & Potato Cheese	Cauliflower & Potato Cheese	Peas	Semolina
	2 nd sitting	Fish Fingers Gravy	Quiche Cauliflower & potato cheese	Boiled Potatoes Cauliflower	Semolina
Thursday	Nursery	Sweet & Sour Pork	Sweet & Sour Soya/veg	Pasta	Apple crumble Custard
	1 st sitting	Sweet & Sour Pork	Sweet & Sour Soya/veg	Pasta seasonal Vegetable	Apple crumble Custard
	2 nd sitting	Sweet & Sour Pork	Sweet & Sour veg Spring Roll	Pasta seasonal Vegetable	Apple crumble Custard/cream
Friday	Nursery	Turkey Casserole	Bean Casserole	Boiled Potatoes Carrots	Yoghurt
	1 st sitting	Turkey Casserole	Bean Casserole	Boiled Potatoes Carrots	Yoghurt
	2 nd sitting	Beef Burger Tomato sauce/ salad cream	Veggie Burger Tomato sauce/ salad cream	Chips Sweetcorn	Yoghurt

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Tea Menu 1

Day	Age	Main course	Dessert
Monday	Nursery	Thick Squash Broth With Egg Noodles, Potatoes	Fruit salad
	School	Sandwiches Sweet & Savory Crisps	Fresh Fruit
Tuesday	Nursery	Vegetable Pie & Gravy	Ground Rice Little willow & Apple Fresh fruit Cherry & Oak
	School	Quiche, Spaghetti Bread & Butter	Fresh Fruit
Wednesday	Nursery	Cauliflower with Mixed Vegetables Savoury	Fresh Fruit Little willow & Apple Flapjacks Cherry & Oak
	School	Cold Platter Crackers, Butter, Jam, Cheese, Cold Meat, Cucumber, Tomato & Celery sticks	Flapjacks Fresh Fruit
Thursday	Nursery	Napolina Borlottie Beans With Vegetables	Semolina Little willow & Apple Fresh fruit Cherry & Oak
	School	Baked Beans Bread & Butter	Fresh Fruit
Friday	Nursery	Swede & Vegetable rice	Fruit & Custard Little willow & Apple Cake Cherry & Oak
	School	Sandwiches Sweet & Savoury Crisps	Cake Fresh Fruit

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Tea Menu 2

Day	Age	Main course	Dessert
Monday	Nursery	Thick Pumpkin & Potato Broth	Stewed Fruit Pudding Little willow & Apple Flapjacks & Fresh Fruit Cherry & Oak
	School	Sandwiches Sweet & Savoury Crisps	Flap Jacks Fresh Fruit
Tuesday	Nursery	Spaghetti Rings Bread & Butter	Ground rice Little willow & Apple Fresh Fruit & Cookies Cherry & Oak
	School	Baked Beans Pizza Bread & Butter	Fresh Fruit Cookies
Wednesday	Nursery	Chick Peas With Vegetables	Fresh Fruit & Custard Little willow & Apple Cake & Fresh Fruit Cherry & Oak
	School	Sandwiches Sweet & Savoury	Cake & Fresh Fruit
Thursday	Nursery	Savoury Rice With egg in Herb Sauce	Little willow & Apple Fresh Fruit Cherry & Oak
	School	Cold Platter Crackers, Butter, Jam, Cheese, Cold Meat, Cucumber, Tomato & Celery Sticks	Fresh Fruit
Friday	Nursery	Mixed Vegetables Courgette Hot-Pot	Semolina Little willow & Apple Fresh Fruit Cherry & Oak
	School	Sandwiches Sweet & Savoury Popcorn/Crisps	Fresh Fruit

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Tea Menu 3

Day	Age	Main course	Dessert
Monday	Nursery	Boiled Spaghetti & Vegetables in a Creamy Sauce	Fruit & Custard Little willow & Apple Cake Cherry & Oak
	School	Sandwiches Sweet & Savoury Crisps	Cake
Tuesday	Nursery	Savoury Rice with Egg, Herb Sauce	Fresh fruit Little willow & Apple Fresh Fruit Cherry & Oak
	School	Spaghetti Rings Bread & Butter	Fresh Fruit
Wednesday	Nursery	Thick Pumpkin Soup with Potatoes	Ground Rice Little willow & Apple Fresh Fruit Cherry & Oak
	School	Sandwiches Sweet & Savoury Popcorn	Fresh Fruit
Thursday	Nursery	Carrot, Parsnip & Potato Broth	Semolina Little willow & Apple Fresh Fruit Cherry & Oak
	School	Cold Platter Crackers, Butter, Jam, Cheese, Cold Meat, Cucumber & Celery Sticks	Fresh Fruit
Friday	Nursery	Vegetable Savoury	Fresh Fruit
	School	Sandwiches Sweet & Savoury Crisps	Fresh Fruit

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Tea Menu 4

Day	Age	Main course	Dessert
Monday	Nursery	Mixed Vegetable Hot-Pot	Semolina Little willow & Apple Fresh Fruit Cherry & Oak
	School	Sandwiches Sweet & Savoury Popcorn	Fresh Fruit
Tuesday	Nursery	Pasta & Broccoli Bake	Ground Rice Little willow & Apple Fresh Fruit Cherry & Oak
	School	Spaghetti Rings Bread & Butter	Fresh Fruit
Wednesday	Nursery	Courgette Broth with Potatoes	Stewed Fruit Little willow & Apple Flapjacks Cherry & Oak
	School	Sandwiches sweet & savoury	Flapjacks
Thursday	Nursery	Baked Beans Bread & Butter	Fruit & Cream Little willow & Apple Fresh Fruit Cherry & Oak
	School	Baked Beans Bread & Butter	Fresh Fruit
Friday	Nursery	Mixed Vegetables with Pasta	Fresh Fruit Little willow & Apple Cake Cherry & Apple
	School	Sandwiches Sweet & Savoury Crisps	Cake Fresh Fruit

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Babies Menu 1

Day	Lunch	Dessert	Tea	Dessert
Monday	Cod or cheese Rice & Cabbage	Strawberry Blancmange Fruit	Rice & Swede	Apples/Mango
Tuesday	Chicken or Beans Sweet Potatoes & Carrots	Peaches & Custard Fruit	Potatoes & Pumpkin	Bananas
Wednesday	Cheesy Macaroni or Lentils with Spinach	Semolina Fruit	Pasta & Cauliflower	Pears
Thursday	Tuna or Beans Potatoes & Courgette	Rice Pudding Fruit	Rice & Broccoli	Peaches
Friday	Lamb or Lentils Potatoes & Parsnips	Pears/Apricot & Custard	Potatoes & Butternut Squash	Mixed Fruit & Custard Fruit

NO SALT OR SUGAR IS USED IN MAKING THE BABIES MEALS
ALL MILK PUDDINGS MADE WITH BABY MILK.

Aug 18

Babies Menu 2

Day	Lunch	Dessert	Tea	Dessert
Monday	Cheese & Broccoli or Lentils Potatoes	Mixed Fruit with Pineapple	Potatoes & Swede	Ground Rice Fruit
Tuesday	Beef or Beans Pasta & Butternut Squash	Semolina Fruit	Pasta & Parsnips	Apricot & Pear Custard
Wednesday	Pork or Cheese/Vegetable Stew Potatoes	Strawberry Blancmange	Carrots & Sweet Potatoes	Bananas
Thursday	Fruity Chicken with Apricot Swede & Rice	Peaches	Rice & Courgette	Apples & Mandarins
Friday	Cod or Lentils Cauliflower Potatoes	Rhubarb Fruit Salad & Custard	Broccoli & Potato Puree	Pears

Feb2016

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Babies Menu 3

Day	Lunch	Dessert	Tea	Dessert
Monday	Cheese or Beans Cauliflower & Sweet Potatoes	Semolina Fruit	Potatoes & Parsnips	Apples
Tuesday	Chicken or Cheese Pasta & Carrots	Strawberry Rice Pudding Fruit	Pasta & Broccoli	Peaches
Wednesday	Lentils, Courgette, Carrots & Rice	Mango & Pear Custard Fruit	Rice & Swede	Bananas
Thursday	Beef or Beans Potatoes & Cabbage	Raspberry, Apple & Custard Fruit	Sweet Potatoes & Carrots	Pears
Friday	Tuna or Cheese Pasta & Pumpkin	Fruit	Pasta & Courgettes	Mixed Fruit

NO SALT OR SUGAR IS USED IN MAKING THE BABIES MEALS
ALL MILK PUDDINGS MADE WITH BABY MILK.

Aug 18

Babies Menu 4

Day	Lunch	Dessert	Tea	Dessert
Monday	Cod or Lentils Sweet Potato & Carrots	Melon & Apple	Potatoes & Parsnips	Bananas
Tuesday	Pork or Beans Pasta & Cauliflower	Black Currents, Pears & Custard	Pasta & Broccoli	Peaches
Wednesday	Mixed Vegetables with Lentils Rice & Butternut Squash	Rhubarb Fruit Salad	Rice & Pumpkin	Bananas & Custard
Thursday	Tuna or Cheese Pasta & Parsnips	Pears & Apricots Custard	Pasta, Cabbage & Carrots	Apples
Friday	Turkey or Beans Sweet Potato & Spinach	Strawberry Blancmange Fruit	Potatoes & Swede	Fruit

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Aug 18

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